

Prices are Nett



SPA CENTRAL  
WOMEN

## MASSAGE

<b>Balinese Coconut</b>	60	IDR 200K
Traditional Balinese massage using Organic Coconut Oil, while nourishing and adding moisture to your skin.	90	IDR 250K
	120	IDR 300K
<b>Aromatherapy</b>	60	IDR 240K
A traditional balinese massage using drops of pure essential oil to improve your well-being.	90	IDR 290K
	120	IDR 340K
<b>Lomi-Lomi (Deep Tissue)</b>	90	IDR 340K
Release the chronic patterns of tension in the body through slow strokes and deep finger pressure on the tense areas.	120	IDR 390K
<b>Herbal Massage</b>	90	IDR 360K
A Thai massage technique using hot herbal compress to alleviate sore muscles and rigid joints.	120	IDR 420K
<b>Slimming</b>	90	IDR 380K
A combination of rubbing and pressing techniques that help to break up cellulite. Includes Boreh Lulur and Slimming Wrap Treatment.	120	IDR 450K
<b>Pregnancy</b>	90	IDR 380K
4 months and above, using olive oil.	120	IDR 450K
<b>Postnatal Massage</b>	90	IDR 380K
At least 40 days after vaginal birth or 6 months after C-Section	120	IDR 450K
<b>Back and Head</b>	30	IDR 150K

## REFLEXOLOGY

<b>Foot Reflexology</b>	60	IDR 200K
Therapeutic pressure is applied in caring fashion to release tension and aide healing.	90	IDR 250K
<b>Herbal Foot Detox</b>	30	IDR 150K
Soak your feet in a soothing warm herbal bath to detox impurities, while enjoying a foot scrub and reflexology	60	IDR 200K

## BODY CARE

<b>Balinese Boreh Lulur</b>	30	IDR 180K
<b>Natural Body Scrub</b>	30	IDR 220K
<b>Brightening Body Mask</b>	30	IDR 240K
<b>Underarm Whitening Mask</b>	30	IDR 180K
<b>Breast Massage with Mask</b>	30	IDR 240K
<b>Herbal Bath</b>	30	IDR 200K
<b>Rose-Infused Bath</b>	30	IDR 240K
<b>Coconut Milk Bath</b>	30	IDR 280K
<b>Face Massage</b>	30	IDR 120K
<b>Eye Collagen</b>	30	IDR 120K
<b>Ear Candle</b>	30	IDR 120K
<b>Ratus V</b>	30	IDR 120K
<b>Totok V</b>	30	IDR 380K

## FACIAL

<b>Organic Facial</b>	60	IDR 320K
Yoghurt cleanser, lemon toner, oatmeal honey mix scrub, honey face massage. <i>Choice of Mask : Cucumber / Moringa / Fruit Gel</i>		
<b>Signature Glow</b>	60	IDR 380K
Milk cleanser, refreshing toner, enzyme scrub, extraction, face massage, collagen/vit c mask, whitening face cream.		
<b>Light Rejevunation</b>	90	IDR 450K
Aqua Facial Machine uses ultrasound to penetrate vitamin ampoule, lifts and tightens your skin, and LED light therapy heal, repair and gently remove signs of aging.		
<b>Oxygen Facial</b>	90	IDR 500K
Aqua Facial Machine with high-pressured oxygen infused with nutritional extracts for a smoother, plumper and healthier glow.		

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## NAIL CARE

Halal nail polish uses natural ingredients that is water permeable and contains no animal products or additives.

<b>Princess Manicure</b>	60	IDR	<b>240K</b>
<b>Princess Pedicure</b>	60	IDR	<b>280K</b>
<b>Halal Manicure</b>	60	IDR	<b>240K</b>
<b>Halal Pedicure</b>	60	IDR	<b>280K</b>

*Cutting, shaping,  
cuticle care, buffing,  
soft massage and  
nail polish application.*

All treatments conclude  
with complimentary  
refreshments.

## WAXING

Quality waxing products that is harmless for your skin, used by International Salons worldwide.

<b>Underarm</b>	30	IDR	<b>120K</b>
<b>Half-Arm</b>	30	IDR	<b>150K</b>
<b>Full Arm</b>	60	IDR	<b>200K</b>
<b>Half Leg</b>	30	IDR	<b>180K</b>
<b>Full Leg</b>	60	IDR	<b>240K</b>
<b>Brazilian</b>	60	IDR	<b>450K</b>

\*Reservation required

Actual  
Waxing Times  
May Vary

Ask our friendly staff  
the benefits of each  
treatment or simply  
surprise yourself.

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SPA PACKAGES



# BODY GLOW

## 2HRS

Pre-treatment	Foot Bath
60"	Aromatherapy
30"	Natural Body Scrub
30"	Brightening Body Mask

*Let your body glow naturally  
by treating it with care and attention*

**IDR 550,000**

Price are nett





# GIRLS' INDULGENCE

**3HRS**

Pre-treatment

60"

60"

60"

Foot Bath

Herbal Foot Detox

Princess or Halal Pedicure

Princess or Halal Manicure

*Enjoy the movies and music you love,  
while getting your nails done*

**IDR 650,000**

Price are nett





# WOMEN'S WELLNESS

## 2.5HRS

Pre-treatment

Foot Bath

60"

Balinese Coconut or  
Aromatherapy

30"

Balinese Boreh Lulur or  
Natural Body Scrub

30"

Brightening Body Mask

30"

Coconut Milk Bath or  
Rose-Infused Bath

*Take charge of your wellness with our  
Signature treatments that every woman needs*

**IDR 650,000**

Price are nett





# DETOX SPA

## 3HRS

Pre-treatment

90"

30"

30"

30"

Foot Bath

Herbal Massage

Balinese Boreh Lulur

Herbal Bath

Ear Candle or Ratus V

**IDR 750,000**

Price are nett







# RADIANT SPA

## 3HRS

Pre-treatment

Foot Bath

60"

Aromatherapy

30"

Natural Body Scrub

60"

Signature Glow or  
Organic Facial

30"

Rose-Infused Bath

**IDR 850,000**

Price are nett







# PRE-NATAL CARE

## 3HRS

Pre-treatment

90"

30"

30"

30"

Foot Bath

Pregnancy Massage

Natural Body Scrub

Rose-Infused Bath or  
Coconut Milk Bath

Eye Collagen or  
Herbal Foot Detox

**IDR 850,000**

Price are nett





# POST-NATAL CARE

## 3.5HRS

Pre-treatment

90"

30"

30"

30"

30"

Foot Bath

Post-Natal Massage

Brightening Body Mask

Herbal Bath

Breast Massage with Mask

Ear Candle or Ratus V

**IDR 950,000**

Price are nett





# BRIDAL BLUSH

**4.5HRS**

Pre-treatment

**Foot Bath**

60"

**Balinese Coconut**

30"

**Natural Body Scrub**

30"

**Breast Massage or Brightening Mask**

30"

**Coconut Milk Bath**

## *Healthy Lunch Set*

30"

**Underarm Whitening Mask or  
Half Arm/Leg Waxing**

90"

**Light Therapy or Oxygen Facial**

**IDR 1,250,000**

Price are nett





# QUEEN FOR A DAY

## 6HRS

Pre-treatment    **Foot Bath**

90"                    **Balinese Coconut or Aromatherapy**

30"                    **Balinese Boreh or Natural Body Scrub**

30"                    **Rose-Infused or Herbal Bath**

### *Healthy Lunch Set*

*Choose 2 from:*

30"	<b>Ratus V</b>	<b>Ear Candle</b>
	<b>Breast Massage</b>	<b>Brightening Body Mask</b>
30"	<b>Half-Arm Waxing</b>	<b>Underarm Whitening</b>
	<b>Half-Leg Waxing</b>	<b>Underarm Waxing</b>

90"                    **Light Therapy or Oxygen Facial**

60"                    **Princess or Halal  
Pedicure/ Manicure**

## IDR 1,600,000

Price are nett



Experience guiltless relaxation and rejuvenation at our **AWARD-WINNING DAY SPA**. We're best known for our excellent variety of quality massage treatments. Try our customizable Day Spa Packages with choices from a full Spa menu.



[SpaCentralBatam.com](http://SpaCentralBatam.com)